

Profound Present-Centered Living

A Mindfulness Retreat with Therese Fitzgerald

at

The Stone House, Mebane, North Carolina(near Chapel Hill)

Thursday, October 13 - Sunday, October 16, 2011

Information and Registration Form

Details of the retreat. Please plan to arrive between 4 and 6 p.m. on Thursday. The retreat will begin at 6:30 with supper and orientation and end at 2 p.m. on Sunday. All meals will be vegetarian. If you have any specific dietary needs, please contact Mary Beth Blackwell- Chapman maryblackwellchapman@gmail.com ahead of time to see whether we can accommodate them.

We request that all retreatants be present for the entire retreat. This supports the integrity and cohesiveness of the retreat as well as the deepening practice of each individual. Preference is also given to individuals who will lodge or camp at the Stone House. However, it may be possible for participants to sleep elsewhere, if they are able to commit to full participation in all retreat activities. Please contact Mary Beth if you are interested in participating in this way.

Cost of the retreat. Registration fees cover all expenses for the retreat, including lodging for three nights and meals from supper on Thursday through lunch on Sunday. We offer a limited number of sliding-scale fee slots for both indoor lodging and camping, and some scholarship aid. See a following page for details. The registration fees also cover travel expenses, lodging, and meals for the teacher.

Fees provide no direct payment for the teacher.

Dana. Dana is the practice of **generosity**. This practice helps remind us of the fundamental “interbeing” nature of life. By supporting our teachers we deepen our own experience on the path of practice while helping them to support others. Teachers generously give their time and energy through listening, sharing, and teaching, often without financial reward. Offering dana makes it possible for them to continue their work and is their primary means of support. In the spirit of this tradition, there will be an opportunity for recipients of the teachings to make voluntary contributions, called dana, at the end of the retreat. In order to help you plan ahead and because retreat participants often ask what is considered appropriate, we offer the following guidelines: You may wish to make a contribution between \$75 - \$150 for the retreat (i.e., \$25 - \$50 a day), depending on your ability to make such a contribution. Keep in mind, however, that dana is entirely from the heart.

For more information, contact Mary Beth Blackwell-Chapman:
maryblackwellchapman@gmail.com or (336) 945-0363.

REGISTRATION

Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Alternate phone _____

Email address _____

Note: we will use email rather than your street address unless you request otherwise.

Information needed for room assignments:

Gender: Female () Male () Roommate(s) request _____

Special dietary needs: _____

Special medical needs or physical constraints: _____

Transportation:

* Let us know if you need a ride or can offer a ride. _____

* Let us know also if you can help with airport pickups (Thurs. afternoon) or drop-offs (Sun. afternoon).

* Let us know if you will be traveling by air. Note: we will do our best to arrange rides to and from the airport, but we cannot guarantee our ability to do so!

REGISTRATION FEES

Shared Room(2-4 per room)

Annual Income more than \$40,000:

\$335 before August 15 _____

\$350 after August 15 _____

Annual Income less than \$40,000:

\$245 before August 15 _____

\$260 after August 15 _____

Tent camping

Annual Income more than \$40,000:

\$250 before August 15 _____

\$265 after August 15 _____

Annual Income less than \$40,000:

\$170 before August 15 _____

\$185 after August 15 _____

If you are interested in a partial work scholarship or otherwise need financial assistance, please contact Marilyn Hartman (marilyndhartman@gmail.com).

Are you interested in making a voluntary offering to a Scholarship Fund to allow those with limited resources to attend the retreat? If so, please indicate the amount you would like to offer, \$_____.

PAYMENT

Please return the registration form along with payment of either the entire fee or a deposit of \$100. The remainder of your payment is due **before September 15**. Please make checks payable to Marilyn Hartman and mail to:

Marilyn Hartman
2517 Perkins Road
Durham, NC 27705

Confirmation of your registration will be sent by email, along with more detailed information about the retreat, a list of what to bring, and directions to the Stone House.

CANCELLATIONS

Cancellation before September 15 - full refund minus \$35.

Cancellation after September 15 but by October 6 - full refund minus \$100.

Cancellation after October 6 - no refund.